

The Continental Mid-town

Executive Chef
Steven Petrecca

We accept Visa,
Mastercard, Discover,
American Express
& Diner's Club

LUNCH
Monday-Friday:
11.30 am to 3.30 pm

BRUNCH
Saturday-Sunday:
10 am to 4 pm

MIDDAY
Monday-Friday:
3:30 pm to 5 pm
Saturday-Sunday:
4 pm to 5 pm

DINNER
Sunday-Thursday:
5 pm to 11 pm
Friday-Saturday:
5pm to Midnight

COCKTAILS \$11

The Bloody Mary
smirnoff, lemon, lime,
olive, celery

Jolt

la colombe coffee &
espresso, sailor jerry,
kahlua, cream

London Iced Tea

pimm's no. 1, fresh lemon,
ginger ale, cucumber

Spicy Paloma

jalapeño-infused tequila,
grapefruit, lime, salt rim

THE MIMOSAS \$12

Orange-Peach

Blackberry

Raspberry

SALADS

Continental Salad . . 13.00 (v)
chopped greens, tomatoes,
cucumber, feta & red onions

Asian Chicken Salad . . 13.00
cucumber, wontons &
coconut-peanut dressing

Crispy Calamari Salad 15.00
chopped greens, carrots,
tomatoes, sprouts &
soy-sesame dressing

Black Quinoa
'Tabbouleh' Salad . . 12.00 (v)
chopped spinach, feta,
tomato & olives tossed in
lemon vinaigrette

ADD GRILLED CHICKEN
BREAST TO ANY SALAD 5.00

Fresh Fruit5.00
Nutella & Toast3.00
Bagel & Cream Cheese . .3.00
Breakfast Potatoes3.50
Turkey Bacon4.00
Turkey Sausage4.00
Applewood Bacon4.00
Pork Sausage4.00

OMELETS

EGG WHITE ADD 1.00

Kale & Mushroom 12.00 (v)
smoked gouda

Applewood Bacon & Cheddar 12.00

**Turkey Sausage,
Arugula & Provolone** 12.00

Asparagus & Goat Cheese 11.50 (v)

BLT 11.50
bacon, arugula & tomato

EGGS

Breakfast Quesadilla 10.00 (v)
black beans, scrambled eggs, jack & cheddar

Huevos Rancheros* 11.00
chorizo & black beans

Eggs Benedict* 11.00
WITH SMOKED SALMON 13.00

Smoked Salmon Hash* 12.00
poached eggs & dill hollandaise

Poached Eggs and Polenta* 12.00
braised swiss chard, pancetta & pecorino

BREAKFAST

Belgian Waffle (v)
BERRIES & CREAM 10.00
BANANAS FOSTER 11.00

Buttermilk Pancakes 10.00 (v)
maple butter & syrup
WITH BANANAS & BERRIES 12.50

Granola & Yogurt 8.00 (v)
fruits & nuts

Crunchy Brioche French Toast 10.00 (v)
apple compote & mulled cider reduction

Lox & Bagel* 12.50
romaine, tomato, cucumber,
red onion & cream cheese

The Big Bang 15.50
short stack, scrambled eggs, applewood bacon,
turkey sausage, home fries & toast

CLASSICS

Udon Noodle Soup 11.00
chicken dumplings, dashi & scallions

Grilled Thai Chicken Skewers . . . 14.00
jasmine rice & peanut sauce

French Onion Soup Dumplings . . 13.00
baked with gruyère cheese

Lobster Mac n' Cheese 19.00
orzo pasta, gruyère & fontina

Rad Na 14.00
chow fun noodles, peanuts, chicken,
over crisp romaine

Seared Tuna* 19.00
sesame crusted (served rare)
with mushroom risotto

Cheesesteak Eggroll 15.00
bell peppers, mushrooms, onions,
sriracha ketchup

SANDWICHES

Big Daddy Mack 11.00 (v)
veggie patty, special sauce,
lettuce, cheddar cheese, pickles
& onions on a sesame seed bun

Turkey Club 13.50
roasted turkey, applewood bacon,
lettuce & tomato on toasted metropolitan
white bread with caramelized apple mayo

Continental Cheeseburger* 13.50
la frieda "special blend"
1/2 lb burger, sautéed onions,
shaved lettuce & sharp cheddar

Chicken Curry Naan-wich 12.00
chicken salad with raisins & mango-curry
dressing on grilled naan bread

Grilled Cheese 10.00 (v)
havarti & fontina on brioche

Grilled Chicken 12.50
braised greens & aged provolone
on a baguette

Greek Turkey Burger 12.50
bibb lettuce, red onion, tzatziki

Country Ham 10.50
french ham, pickles, egg, gruyère
& frisee with caramelized onion mayo
on onion brioche

CONNECT WITH US! [f](#) [v](#) [@](#) @Continental_MidTown #ContinentalMidTown

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs
may increase your risk of foodborne illness. 12.15.18